



A GUIDE TO CHILD PASSENGER SAFETY

BUCKLE UP BOSTON

CHOOSE THE RIGHT SEAT

REAR-FACING



Age: Newborn - 3 years
Weight/Height: At least 20lbs

FORWARD-FACING



Age: 4 - 7 years
Weight/Height: 20 - 40lbs

BOOSTER



Age: 8 - 12 years
Weight/Height: 40+lbs but under 4'9"

SEAT BELT



Age: 8 - 12 years
Weight/Height: 40+lbs but over 4'9"

Always check the car seat manufacturer's instructions and labels for age, height, and weight limits.

Recommendations:

- Keep your child in a rear-facing car seat for as long as possible and in the back seat through age 13.
- Only move your child to the next car seat when they outgrow the weight or height limit.
- Most convertible seats have limits that will allow children to ride rear-facing up to 3 years old.
- For a seat belt, the lap belt must lie across the upper thighs, and the shoulder belt should lie across the shoulder and chest.
- Never add accessories to your child's car seat for comfort that did not come with the packaging.
- Dress your child in nothing thicker than a sweatshirt in their car seat. Place your child's coat or blanket over them for warmth.
- Never leave your child alone in the car to prevent overheating. Keep your phone or bag in the back seat to remember to bring your child with you.
- Whether it's a car seat or seat belt, make sure everyone is always buckled up for every drive.



CAR SEATS SAVE LIVES

BUCKLE UP BOSTON

CAR SEAT CHECK UPS & INSTALLATIONS

Boston EMS

617-343-6891



Boston Medical Center

617-414-4442



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

Boston Children's Hospital

617-355-7332



Call to schedule an inspection for your child's car seat.

For more locations, visit safercar.gov or mass.gov/car-seat-safety to find car seat inspections near you.

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