

SENIOR SPOTLIGHT

VERONICA B. SMITH
MULTI-SERVICE SENIOR
CENTER

20 Chestnut Hill Avenue,
Brighton, MA 02135
Ph: (617) 635-6120

June 2024



Michelle Wu, Mayor
Age Strong
Commission

Emily Shea,
Commissioner

OUR SERVICES & PROGRAMS

Art Instruction

Information & Referral

Bingo

Group Games

Computer Tutoring

Collaborative Programs

Educational Workshops

Fitness Classes

Hot Lunch Program

Ballroom Dance Classes

Nutrition Program

Taxi Coupons

Free Health Screenings

Trips

Recreational Activities

Volunteer Opportunities

Wellness

- The Listening Space One-On-One Listening Session
Wednesdays from 10-12- 25 Minute Time Slots
- Disability Plates and Placards Presentation with RMV
Wednesday, June 12th at 11:00
- Basic Estate Planning Presentation with Elder Law
Attorney Tim Loff: Thursday, June 13th at 11:00
- Senior Living Options Presentation with Jennifer
Anthony from LCB Senior Living: Thursday, June 13th
at 1:00
- Cognition Corner with Age Strong
Tuesday, June 25th at 10:30

**CENTER IS CLOSED WEDNESDAY, JUNE 19TH IN
OBSERVANCE OF JUNETEENTH**



AT&T Phone Scams Presentation

Thursday, June 20th at 11:00

**Help Keep Yourself Cyber Aware!
Scam/Fraud Prevention
One-On-One Tech Help
Robocalls & More!**



**Get Your Caricature Drawn by
Dave!**

Thursday, June 20th from 1:00-4:00

A Fun Keepsake!

Name: _____ Date: _____

Collector Car Fanatic



T E K C O R Y H R I I I I F E O T L
 N S E E E R S O C E A F O L C S O H
 E O E S U G A L N A A R O A U O J E
 E E T C I D A I I S O C E T E C N A
 I R R S S U L T T A U C L H D H A D
 E E E T I T R B N S R C I E B A B E
 M L E M L P A C T I A I B A O S H R
 L R I E M C S O R M V S O D N S A E
 E A B B K A M N R D O S M A N I R Y
 E E C R O A C V R L R A O X E S D I
 M A D E O M N E R O D L R L T O T T
 A N A P E A O R S F Y C E E O F O T
 H T G U A A R T I I H I A W L O P T
 G I M O S D E I U N R E S T O R E D
 U Q A C E L B B L A I G N I T E R E
 O U R E L A R L M M C N O T E A H P
 R E S U A A T E L O I R B A C O E I
 B A B E F R S N A P P L E T O N S T

Word List:

- | | | | |
|-----------|-------------|-----------|------------|
| VINTAGE | ANTIQUE | APPLETONS | BANJO |
| AXLE | BELTLINE | WOODY | CHASSIS |
| BONNET | BROUGHAM | BULLETS | COUPE |
| CABRIOLET | CAM | CAMMER | CLASSIC |
| COACH | CONVERTIBLE | CRUISE | CUSTOM |
| DAGMARS | DEUCE | FASTBACK | FLATHEAD |
| PISTON | HARDTOP | HEADER | HYDRO |
| IGNITER | AUTOMOBILE | MERCURY | AEROMOBILE |
| PHAETON | RAILS | MANIFOLD | ROADSTER |
| RESTORED | ROCKET | | |

SENIOR SPOTLIGHT

The Veronica B. Smith Senior Center

Deputy CommissionerMelissa Carlson
 Executive DirectorLauren Basler
 Assistant DirectorJackie McLaughlin

Board of Directors

Anthony D'IsidoroPresident
 Marisa AngilletaVice President
 Judy Rufo.....Secretary
 Curt Bletzer, Jennifer Christie, Eleanor Greene,

Mark Handley, Anna Leslie, John Reen, Kathy Reilly
R.S.V.P. Volunteers

**Janet Riordan, Shashi Gudapakam, Judy Gavin,
 Mary Villani, Loretta Carey, Shelly Ferrari, Mary
 Regan, Bob Tomposki, Pat O'Connor, Kevin
 Montague, Sandra Hudson, Tracie McCray, Diane
 Elliott**

*City of Boston Age Strong Commission | Boston City
 Hall Rm. 271 | Boston, MA 02201 | (617) 635-4366*

Celebrate Pride Month At VBS!

“Gen Silent” Movie Screening

Friday, June 21st at 1:00

**Followed By A Community
Discussion**



Drag Brunch with Mizery!

Friday, June 28th at 11:00



Special Events in June:

- **Rick Stromoski Cartooning
Workshop**
Tuesday, June 4th at 11:00
- **Jan-Marie O In Concert & Ice Cream
Sundaes**
Friday, June 7th at 1:00
- **Boston Landmarks Orchestra
String Quartet**
Thursday, June 13th at 2:00
- **Sheryl Faye Presents Historical
Women: Clara Barton**
Friday, June 14th at 1:00



MONDAY



3 9:30 Strength Training with Suzi
 11:00 Guitar Class with Academia de Musica
 11:00 Zumba!
 12:00 Lunch
 12:30 Russian/ English Yoga with Tatiana
 1:00 Cara Club
 2:00 Book Club: "The Woman They Could Not Silence"

10 9:30 Strength Training with Suzi
 11:00 Guitar Class with Academia de Musica
 11:00 Zumba!
 12:00 Lunch
 12:30 Russian/ English Yoga with Tatiana
 1:00 Cara Club
 2:00 Book Club: "The Woman They Could Not Silence"

17 National Root Beer Day!
 9:30 Strength Training with Suzi
 9:30 Mayor Wu Coffee Hour in Brighton Common
 11:00 Guitar Class with Academia de Musica
 11:00 Zumba!
 12:00 Lunch With Root Beer Floats!
 12:30 Russian/ English Yoga with Tatiana
 1:00 Cara Club
 2:00 Book Club: "The Woman They Could Not Silence"

24 9:30 Strength Training with Suzi
 11:00 Guitar Class with Academia de Musica
 11:00 Zumba!
 11:00 Seniors Addressing Concerns Together Meeting (ACT)
 12:00 Lunch
 12:30 Russian/ English Yoga with Tatiana
 1:00 Cara Club
 2:00 Book Club: "The Woman They Could Not Silence"

TUESDAY



4 9:30 Exercise with Jackie
 11:00 Flamenco Dance Class with Yosi
 11:00 Rick Stromoski Cartooning Workshop!
 12:00 Lunch
 12:30 Knitting Group
 1:00 Tai Chi Class with Jamee
 1:30 Arts & Crafts

11 NO EXERCISE TODAY
 11:00 Flamenco Dance Class with Yosi
 12:00 Lunch
 12:30 Knitting Group
 1:00 Tai Chi Class with Jamee
 1:30 Arts & Crafts

18 9:30 Exercise with Jackie
 11:00 Muqeedah Salaam Presents: "Juneteenth"
 12:00 Lunch
 12:30 Knitting Group
 1:00 Tai Chi Class with Jamee
 1:30 Arts & Crafts

25 9:30 Exercise with Jackie
 9:30 Age Strong Shuttle Outing: Auschwitz: Not Long Ago. Not Far Away. Exhibit
 10:30 Cognition Corner with Corinne
 12:00 Lunch
 12:30 Knitting Group
 1:00 Tai Chi Class with Jamee
 1:30 Arts & Crafts
 6:00 Blue Cross/ Blue Shield of MA: "Supplement or Advantage Plans?" Workshop

WEDNESDAY



5 9:00 Yoga with Be
 10-12 The Listening Sp
 10:00 Breakfast Gather
 11:00 Theater Class w
 12:00 Lunch
 1:00 Bingo
 1:00 Drum Circle with
 1:00 SHINE (By Appt.)
 2:00 "All Creatures Gr
 3:00 Pet Pals Visit from

12 9:00 Yoga with Be
 10-12 The Listening Sp
 10:00 Breakfast Gather
 11:00 RMV Disability P
 11:00 Theater Class w
 12:00 Lunch
 1:00 Bingo
 1:00 Drum Circle with
 1:00 SHINE (By Appt.)
 2:00 "All Creatures Gr



26 9:00 Yoga with Be
 10-12 The Listening Sp
 10:00 Breakfast & Get
 Space
 11:00 Theater Class w
 12:00 Lunch & June B
 1:00 Bingo
 1:00 Drum Circle with
 1:00 NEW! Guitar Clas
 1:00 SHINE (By Appt.)
 2:00 "All Creatures Gr

ESDAY	THURSDAY	FRIDAY
		
<p>th pace ring ith Lauren</p> <p>Pasha</p> <p>eat & Small” TV Show n Brodie!</p>	<p>6 9:30 Exercise with Jackie 10-11:30 Live Jazz Music Session 11:00 Qi-Gong Class 12:00 Lunch 1:00 Japanese Folk Music Class with Mikiko 2:30 Wheel of Fortune</p>	<p>7 National Chocolate Ice Cream Day! 10:00 Art Class with Dawn 10:00 “KevTech” iPhone & iPad Tutorial 10:30 Joy Walk with Jackie! 11:00 Creative Writing Class with Anthony 12:00 Ballroom Dance Class with Michael 12:00 Lunch 1:00 Jan-Marie O In Concert with Ice Cream Sundaes!</p>
<p>th pace ring Plates & Placards Talk ith Lauren</p> <p>Pasha</p> <p>eat & Small” TV Show</p>	<p>13 9:30 Exercise with Jackie 10-11:30 Live Jazz Music Session 11:00 Qi-Gong Class 11:00 Basic Estate Planning with Attorney Tim Loff 12:00 Lunch 1:00 Senior Living Options Presentation with Jennifer Anthony 2:00 Boston Landmarks Orchestra String Quartet</p>	<p>14 9:30 Blood Pressure Clinic 9:30 FATHERS DAY MEN’S BREAKFAST 10:00 Art Class with Dawn 10:30 Joy Walk with Jackie! 11:00 Creative Writing Class with Anthony 12:00 Ballroom Dance Class with Michael 12:00 Lunch 1:00 Sheryl Faye Presents: “Clara Barton”</p>
<p>FIFTEENTH R CLOSED</p> 	<p>20 9:30 Exercise with Jackie 10-11:30 Live Jazz Music Session 11:00 Qi-Gong Class 11:00 Phone Scams Presentation with AT&T 12:00 Presentation Rehabilitation Grab and Go Luncheon 1:00 Japanese Folk Music Class with Mikiko 1:00-4:00 Get Your Caricature Drawn By Dave!</p>	<p>21 9:45 City Councilor Breadon Office Hours 10:00 Art Class with Dawn 10:00 “KevTech” iPhone & iPad Tutorial 10:30 Walk & Talk with Mayor’s Liaison Kevin 11:00 Creative Writing Class with Anthony 12:00 Ballroom Dance Class with Michael 12:00 Lunch 1:00 PRIDE MONTH MOVIE SCREENING: “GEN SILENT” FOLLOWED BY COMMUNITY DISCUSSION</p>
<p>th pace to Know The Listening</p> <p>ith Lauren irthday Party!</p> <p>Pasha s with Aaron</p> <p>eat & Small” TV Show</p>	<p>27 9:30 Exercise with Jackie 10-11:30 Live Jazz Music Session 11:00 Qi-Gong Class 12:00 Lunch 1:00 NEW! Musical Theater Styles with Aaron! 1:00 Abigail by Gail Presents: “From Revolution to Declaration” 2:30 Match Game</p>	<p>28 10:00 Art Class with Dawn 11:00 PRIDE MONTH DRAG BRUNCH WITH MIZERY! 12:00 Lunch 1:00 Pride Month Movie Matinee: “Milk”</p> 

“Scene at the Center!”







Mayor's Coffee Hour
Monday, June 17th
at 9:30
Brighton Common
Join Mayor Michelle
Wu and City Staff
For Coffee &
Conversation



Muqeedah Salaam
Presents:
"Juneteenth"
Tuesday, June 18th at
11:00
Join Us For An
Informative
Presentation About
This Important
Holiday Observance!



Blue Cross/ Blue
Shield of MA
Evening
Workshop:
"Supplement or
Advantage Plans?"
Tuesday, June
25th at 6:00

VERONICA B. SMITH

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NON-PROFIT ORG
U.S. POSTAGE
PAID
BOSTON, MA
PERMIT NO.
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